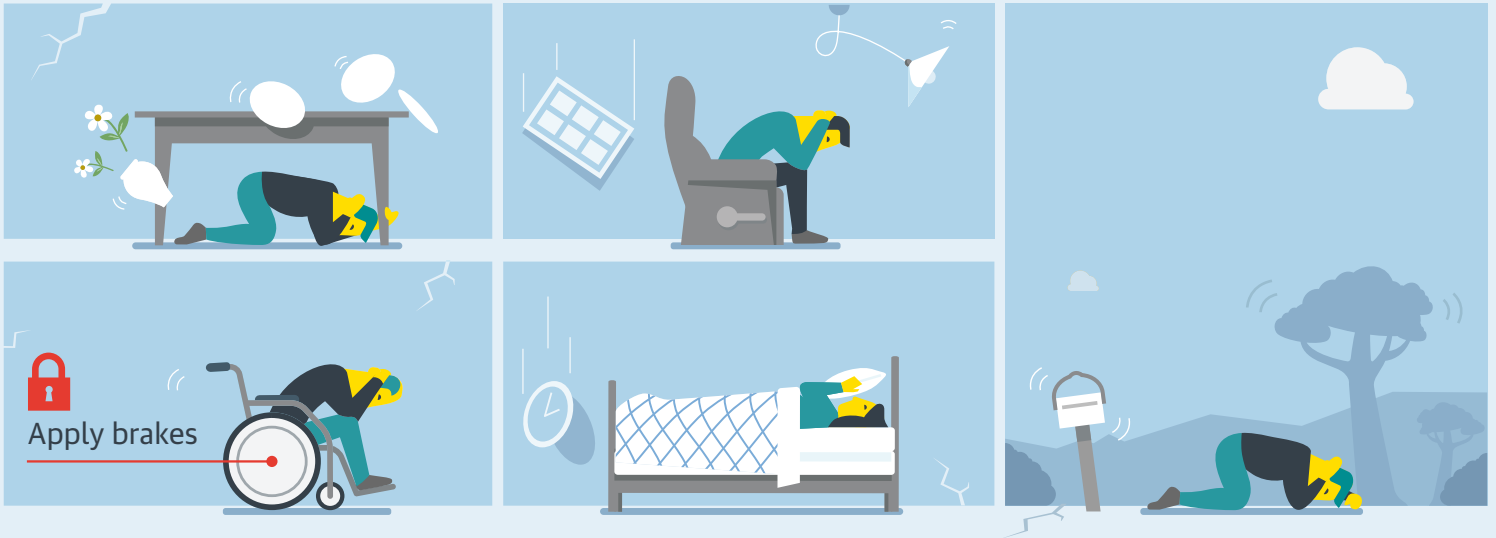


Get prepared for an emergency

During an earthquake drop, cover and hold. Protect your head.



Home emergency supplies



Food and water for your family, including pets for at least 3 days



If you need to leave home, you may need to take these items with you



Food and water



Torch, radio and spare batteries



Warm, waterproof clothing and comfortable shoes



Personal items and documents



Medications, prescriptions and a first aid kit



Know your neighbours



Hi Sonya!

Hi Ben!



For more information go to [getprepared.org.nz](https://www.getprepared.org.nz) or contact your local council.

Absolutely Positively
Wellington City Council
Me Heke Ki Pōneke